



CIRCULAR

To the Members

Pre-Employment Medical Examination (PEME) for Filipino Crew—Updates on Japan P&I PEME Package—

In October 2001, we established a comprehensive Pre-Employment Medical Examination (PEME) scheme for Filipino seafarers, Japan P&I PEME Package. We have recommended that the Members use the scheme in order to reduce the crew illness claims arising from the pre-existing condition by performing extra tests in addition to the minimum standard. Please refer to our Circular [No.24-005](#) dated 11 June 2024.

We are pleased to announce that we have updated the examination items to make the Japan P&I PEME Package more effective. Please note that there are no changes to the accredited clinics and the examination fee.

We highly recommend that the Members take this opportunity to utilise the new Japan P&I PEME to help prevent crew illness claims involving Filipino seafarers. Please contact each clinic when making an appointment.

1. Updates to Examination Items and Fees in the Japan P&I PEME Package

Based on the latest medical rationale provided by our Medical Advisor, we have revised the examination items for the pre-employment medical examination as follows. Please refer to the attached revised list of examination items and Price.

< Updates of the items >

- **Discontinued Item:** Hepatitis A Screening Test (IgG Test)

< Fee >

- **Unchanged:** USD 100.00 (No Additional Fee for Pregnancy Test)

Effective Date: 20 February 2026

2. Accredited Clinics

There are no changes to the 11 accredited clinics for the Japan P&I PEME Package. Please refer to the attached Clinic list.

If you have any questions, please contact our Claims Department II Crew Team (Email: gcrew@piclub.or.jp) or our Underwriting Team.

Yours faithfully,

The Japan Ship Owners' Mutual Protection & Indemnity Association

Attachment: List of Accredited Clinics for Japan P&I PEME Package
Examination items and Price for Japan P&I PEME Package (effective from 20 Feb 2026)

List of Accredited Clinics for Japan P&I PEME Package

<Manila>

1) Angelus Medical Clinic, Inc.

Address: 1730 Dian Street, Barangay Palanan, Makati City 1235 PHILIPPINES

Tel: +63 8743 8717 – 21 (Extn 442)

Mobile No.: +63917 575 3210

Website: <https://angelusmed.com>

Email: crd.mle@angelusmed.com / info@angelusmed.com

Contact Persons: Ms. Marianne L. Enriquez / Ms. Haycel P. Palcon

2) Halcyon Health Network Inc.

Address: 222 Sen. Gil J. Puyat Avenue Ground and 3rd Floors, Maria Cornelia Building, Makati, 1230 Metro Manila Tel: +632 864 0206 to 13

Mobile : +63 939 419 4224

Fax: 864-0262

Website: <https://myhalcyonmarine.com/>

Email: glennnda.canlas@gmail.com

3) Maritime Medical and Laboratory Clinic, Inc.

Address: 2/F Paragon Tower Hotel, 531A. Flores St., Ermita, Manila

Tel: +632 8526 3809

Email: peme@mmlci.com.ph / admin@mmlci.com.ph

4) Physicians' Diagnostic Services Center, Inc.

Address: 4th Flr. - Penthouse 533 Physicians Tower U.N. Ave., Ermita, Manila, Philippines

Tel: +632 8521 4975

Fax: +632 8523 7833

Website: <https://pdsclinics.com/>

Email: dr.pdeguzman@pdsclinics.com

5) S.M. Lazo Medical Clinic, Inc.

Address: 1755 Taft Ave., Cor., J. Nakpil St., Malate

Tel: +632 8524-1891 to 97

Direct Line: 310-8007 Direct Line to Medical Director's Office: 310-7008

Fax: 524-6325 / 521-9011

Email: peme@smlazoclinic.com

6) Supercare Medical Services, Inc.

Address: 573 Patria Bldg., Maria Orosa Corner Engracia Reyes Streets, Ermita, Manila

Tel: +632 8521-0024 to 35

Fax: 521-0024

Website: <https://mail.supercare.com.ph/SMSI/#scam>

7) Transnational Medical & Diagnostic Center, Inc.

Address: 551 Cabildo Street, Casa Marinero II Bldg., Intramuros, Manila

Tel: +632 338 2144

Fax: N/A

<Cebu>

1) SuperCare Medical Services, Inc. - Cebu

Address: Vicente Bldg. M Velez St, Cebu City

Tel: +63 32 262-7633

Email: admin.cebuc@supercare.com.ph

2) Physicians' Diagnostic Services Center, Inc. - Cebu

Address: 108 F. Ramos corner Jungquera St. Cebu City

Tel: (032) 254-1778

Fax: (032) 254-3707

Email: pds_cebuc@yahoo.com

<Iloilo>

1) SuperCare Medical Services, Inc. – Iloilo

Address: 3rd floor 22 Manfred's Place, General Luna St., Iloilo City

Tel: (033) 335-3051

Fax: (033) 330-3175

Email: admin.iloiloc@supercare.com.ph

<Davao>

1) Physicians' Diagnostic Services Center, Inc. - Davao

Address: #49 Jose Palma Gil St. Brgy. 4-A District 1, Davao City

Tel: (028) 224-6673

Email: davaoc@pdsclinics.com

**Examination Items and Price for Japan P&I PEME Package
(effective from 20 February 2026)**

Basic tests required under DOH Administrative Order 2013-0006

1. Physical examination and medical history
2. Dental examination
3. Visual acuity (Snellen's and Jaeger's charts)
4. Color Perception (Ishihara - 24 plates)
5. Audiometry (Pure Tone – Air Conduction)
6. ECG (12 lead, Digital)
7. Chest X-ray (PA View, Digital)
8. Blood Typing (A, B, O and Rh factor)
9. Complete Blood Count (Automated with 3 part differential count)
10. Syphilis testing (TPHA or RPR)
11. Urinalysis (Automated urine strip reader with 10 parameters urine strips)
12. Stool Examination (FECT) – Only for Food Handlers

Additional tests included in the New Japan P&I PEME

13. Hepatitis B Surface Antigen test (HBs-Ag)
14. Specific Diabetes test (HbA1c)
15. Total Cholesterol, LDL, HDL, Triglycerides
16. Blood Uric Acid
17. Creatinine
18. Liver Tests (SGOT / AST and SGPT / ALT)
19. Pulmonary function test (Spirometry)
20. Cardiac risk computation
21. HIV 1&2 screening
22. Drug screening (Methamphetamine and Cannabinoids)
23. Ultrasound of Whole Abdomen including Prostate
24. Psychological Assessment (16 Personality Factor or Emotions Profile Index)
25. Pregnancy test

Price : USD 100.00 for all items above