



General Directorate of Seafarers

Panama July 21st, 2022.
Note No. DGGM-ALM-215-2022.

Sirs

Recognized Physicians by Panama Maritime Authority

Dear physicians:

By virtue of the recent inquiries made by you, regarding the mandatory laboratory tests to be requested by recognized physicians to seafarers at the time of conducting the medical examination, we are pleased to inform you that to date, the only tests that will be considered mandatory are the following:

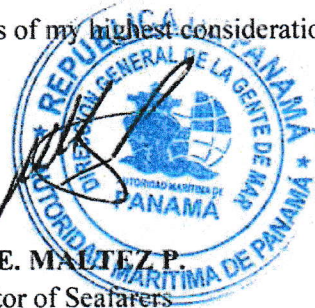
1. Glucose (fasting).
2. General urine
3. Toxicological Tests (in blood)
 - a. Antidoping (Cannabis and Cocaine)
 - b. Alcohol
4. General Stool (only mandatory for food handlers).

The COVID-19 test will not be mandatory as of the date of this note, therefore the instruction communicated through Note No. DGGM-ALM-073-2022 dated March 14, 2022 is without effect.

It is important to point out to the attention of physicians and the general public, that the Panama Maritime Authority only establishes which are the mandatory laboratory tests to be performed by seafarers working on board Panamanian flag vessels at the time of carrying out their medical examination, **not their cost**. The cost of the laboratory tests will depend on the clinic or laboratory where the seafarer has chosen to have them performed.

I take this opportunity to reiterate the assurances of my highest consideration and esteem.


CAPT. JUAN E. MAITEZ P.
General Director of Seafarers



IV/mb/dr